



2010 Kenshinkan Festival – 1st Kumagai Cup

7th All-Japan Junior Karate Championship International F.S.A Kenshinkan World Karate Tournament 2010 (Black Belt Division/Freshman Division) 7th All Japan CHAOS Safe Karate Tournament (General Division/Junior Division)

The teachers and branch directors are always working hard toward the development of the dojo and in karate training. Now they bring you the "7th All-Japan Junior Karate Championship Tournament ", the "International F.S.A Kenshinkan World Karate Tournament 2010 (Black Belt Division/Freshman Division)" and the " 7th All Japan Chaos Safe Karate Tournament (General Division/Junior Division)". Boys and girls selected from across the country from different styles and organizations will compete and put into practice what they have learned in karate training in a fair environment. The general division also offers a chance for those with little or no tournament experience to participate and test the skills they have learned in Karate practice. Since 2006 the event has also included the Chaos safety tournament a spin off of CHAOS MADMAX for amateurs and juniors where participants compete for points wearing head and chest protectors and punches are allowed to the face. This year anyone who participates in both the full contact division and the CHAOS Safe division can enter Chaos Safe free of charge. Please note that due to an effort to reduce costs for the Asia tournament this year we are returning to the former size of trophies. We are looking forward to your participation in the 2010 Kenshinkan Matsuri!

June 2010

Chief Judge: Takeyuki Hayama

Executive Committee Director: Kazuhisa Uchida

Administrative Committee Director: Atsushi Suemura

Organization	International F.S.A. Kenshinkan Karate Organization
Tournament	Full contact karate rules – tournament style
Type	Karate with protectors and face punches – tournament
Date	Sunday, October 3, 2010
Time	Doors Open: 10:00am Registration: 10:00 – 10:30am Tournament Commences: 11:00am Opening Ceremony: 1:00pm Trophy presentation for Junior Division: 5:00pm
Place	Kokuritsu Yoyogi Kyogijo Dai 2 Taikukan Jinnan 2-1-1, Shibuya-ku Tokyo 154-0041
Access	A 3-minute walk from JR Harajuku station or Jingumae Subway station.
Entry Fees	Entry fees have been reduced for the divisions marked (x) Chaos Safety Junior Division: 5,000 yen (x) Chaos Safety General Division: 6,000 yen (x) Full contact pre-school, Elementary School, Junior High School and High School Divisions: 5,000 yen (x) Full contact women's, Master's and General colored belt divisions: 6000 yen (x) Full contact karate rules – general advance class (divisions 37,38): 7000 yen *Double entry: participants who enter 2 tournaments may enter CHAOS Safe free of charge. However please submit two separate application forms.
Application Deadline	<u>Applications must be received by September 3rd 2010 (Friday).</u> <u>If you don't have enough Application forms please make copies.</u>
Application Method	Please send the official application form completed and signed along with the entry fee by registered mail. Organizations should send all their applications together by the application deadline. Please note that applications containing only entry forms or only entry fees cannot be accepted.

Notes

- ① Please undergo a health check prior to the tournament.
- ② You are responsible for your own sports insurance. It is recommended that you bring your insurance card on the day.
- ③ No responsibility is accepted for any injury or accident that occurs throughout the course the tournament.
- ④ If for any reason you can't participate in the tournament please contact us in advance.
- ⑤ Tournament fees are non-refundable.
- ⑥ Participant numbers will be distributed to each dojo on the day of the tournament.
- ⑦ Lunch is provided for referees.
- ⑧ We retain rights to all images and video of the tournament.
- ⑨ T-shirts may only be worn by women under their dogis. T-shirts must be white.

Please submit applications to this address: 2010 Kenshinkan Matsuri
Executive Committee
Takeyuki Haneyama
Dai Ni Koenji #603
Koenji Minami 4-28-2
Suginami-ku, Tokyo-to 166-0003
Tel: + 81-3-5378-6036

— Tournament Events —

7th All-Japan Junior Karate Championship

Event No.	Event Name
01.	Pre-school Class (mixed boys/ girls) Beginner (ungraded/ white belt)
02.	Pre-school Class (mixed boys/ girls) Advanced (graded/ 9th kyu orange belt and above)
03.	Elementary School First-grade boys Beginner (white / orange belt, up to 9th kyu)
04.	Elementary School First-grade boys Advanced (8th kyu/blue belt and above – including black belt)
05.	Elementary School First-grade girls
06.	Elementary School Second-grade boys Beginner (up to orange belt / 9th kyu)
07.	Elementary School Second-grade boys Advanced (8th kyu/blue belt and above – including black belt)
08.	Elementary School Second-grade girls (including black belt)
09.	Elementary School Third-grade boys Beginner (up to blue belt / 7th kyu)
10.	Elementary School Third-grade boys Advanced (yellow belt / 6th kyu and above)
11.	Elementary School Third-grade girls (including black belt)
12.	Elementary School Fourth-grade boys Beginner (up to orange belt / 9th

	kyu)
13.	Elementary School Fourth-grade boys Intermediate (from 8th kyu / blue belt up to 5th kyu / yellow belt)
14.	Elementary School Fourth-grade boys Advanced (4th kyu/ green belt and above including black belt)
15.	Elementary School Fourth-grade girls (including black belt)
16.	Elementary School Fifth-grade boys Intermediate (up to 5th kyu / yellow belt)
17.	Elementary School Fifth-grade boys Advanced (4th kyu/ green belt and above including black belt)
18.	Elementary School Fifth-grade girls (including black belt)
19.	Elementary School Sixth-grade boys Intermediate (up to 5th kyu / yellow belt)
20.	Elementary School sixth-grade boys Advanced (4th kyu/ green belt and above including black belt)
21.	Elementary School sixth-grade girls (including black belt)
22.	Junior High School Boys Light Weight Class (Under 50kg) (Including black belt)
23.	Junior High School Boys Middle Weight Class (over 50kg Under 60kg) (Including black belt)
24.	Junior High School Boys Heavy Weight Class (60kg and over) (Including black belt)
25.	Junior High School Girls (including black belt)

26.	High School Boys Light – Middle Weight Class (Under 60kg) (Including black belt)
27.	High School Boys Heavy Weight Class (60kg and over) (Including black belt)
28.	High School Girls (including black belt)

International F.S.A Kenshinkan World Karate Tournament 2010

* Women over the age of 16 are eligible to enter the General class.

Event No.	Event Name
■ Full Contact Karate Division	
29.	Women's Light-weight Class (under 52kg) (including black belt)
30.	Women's Heavy-weight Class (52kg and over) (including black belt)
31.	Master's Division Light-middleweight Class (40 years and over under 65kg) (including black belt)
32.	Master's Division Heavy-weight Class (40 years and over, over 65kg) (including black belt)
33.	Beginner Class, white belt – blue belt General colored-belt light-middle weight division (Under 70kg)
34.	Beginner Class, white belt – blue belt General colored-belt heavy weight division (70kg and over)
35.	Intermediate Class. Yellow belt – Brown belt General colored-belt light-middle weight division (Under 70kg)
36.	Intermediate Class. Yellow belt – Brown belt General colored-belt heavy weight division (70kg and over)
37.	General Light-Middle Weight Class (under 70kg) (brown belt and above)
38.	General Heavy Weight Class (70kg and over) (brown belt and above)

7th All Japan CHAOS Safe Karate Tournament

Event No.	Event Name
39.	General Men' s division(α)
40.	General Men' s division(β)
41.	General Women' s division(β)

■ Chaos safety Jr. Division

Event No.	Event Name
42.	Pre-school Class (mixed boys/ girls)
43.	Elementary School First-grade (mixed boys/ girls)
44.	Elementary School Second-grade (mixed boys/ girls)
45.	Elementary School Third-grade (mixed boys/ girls)
46.	Elementary School Fourth-grade (mixed boys/ girls)
47.	Elementary School Fifth-grade (mixed boys/ girls)
48.	Elementary School Sixth-grade (mixed boys/ girls)
49.	Junior High School Boys
50.	Junior High School Girls

【Full Contact Karate Division】

— Tournament Rules —

- * One bout shall last two minutes (one and a half minutes in the pre-school, elementary school junior high school and high school classes).
- * Victory is awarded to the contestant; – who scores Ippon – who wins by judges decision –OR– – who’s opponent is disqualified or declared to have made 3 fouls.
- * In all divisions up to the quarter finals if a winner has not been declared at the end of the bout then a one-minute extension is granted. If at the end of the extension a winner still can’t be determined both competitors will be weighed and the lighter competitor declared the winner. In the semi finals and finals there is an extra one minute extension.

1. Ippon Kachi (Ippon is also awarded for 2 waza ari)

With the exception of fouls, Ippon is awarded for accurate punches, kicks, strikes with the elbow etc. that are a direct cause of the opponent being knocked down if the opponent stays down for 3 seconds or more or is unable to continue fighting. If the opponent is down for less than 3 seconds one waza ari will be awarded. Waza ari is also awarded for high kicks that strike accurately when the opponent is not guarding. However kicks that only touch or push the opponent will not be awarded wazaari. Furthermore if a contestant falls over while doing a domawashikaitengeri or similar kick wazaari will be awarded only if damage is incurred by the opponent.

2. Judge’s Decision

If, within the set time for the bout a winner has not been declared the judges

and referees may, by majority decision declare one contestant to be the winner if they agree that contestant has been the superior fighter in the bout. If after an extension (and in the case of the final rounds a further extension) a winner still has not been decided, the two contestants will be weighed and the lighter of the two will be declared the winner.

3. Fouls

A. Any fouls committed, with the exception of those committed with malicious intent, will result in the contestant receiving a warning. Two warnings will result in 1 genten (the opponent receives one wazaari). Three warnings will result in disqualification..

B. Strikes to the neck or above with the fist or elbow.

C. Kicks to the groin, nukite to the face or neck and head butting.

D. Striking or kicking an opponent who is already on the ground.

E. Any other action recognized by the judge to be a foul.

F. Grabbing the opponent.

G. When the judge sees bad attitude or bad behavior.

H. Pushing with the heel of the palm (shotei)

I. Attacks made while contestants are grabbing each other, the contestant who grabbed their opponent first will be deemed to have committed a foul.

Inserting your arm under an opponents arm and attacking is also not allowed)

J. When doing a knee kick it is permitted pull on the opponent, however it is not permitted to do so repeatedly. (In the junior tournament all grabbing and pulling is prohibited)

K. Actively avoiding attack or repeatedly falling so the opponent cannot attack.

L. Pushing your head into the opponent's body while attacking.

M. High knee kicks are prohibited in the junior tournament for safety.

4. Disqualification

A. When participants do not obey the judge or display bad behavior during the bout.

B. When participants are late or do not show up for a bout.

C. When over one minute passes without any attack.

D. When an impolite attitude or bad behavior is displayed.

E. When three warnings are given.

F. When a player or second mobs the opponent or in particular the judge, not only the contestant but their entire dojo will be expelled from the stadium.

G. In the light and middle-weight classes, a contestant who is over the weight restriction may receive 1 genten or be disqualified.

5. Abandoning a Match Without Due Cause. The following cases are exceptions.

A. When the attending doctor judges that the participant is unable to continue the bout.

B. When an unforeseen accident (such as a family emergency) occurs immediately prior to or during a bout the participant is permitted to leave after consultation with the judge.

C. With the exception of the above cases, any participant who abstains from participating or abandons a match will be required to pay a fine of ¥100 000.

D. Under no circumstance is it acceptable to dispute the judge's decision.

6. Protection

A. In all divisions of the junior tournament a head guard, groin protector and protectors for the hands and legs must be worn.

B. In the Women's and Master's divisions a head guard, groin protector and protectors for the hands and legs must be worn. In the junior high school, high school and women's division an Isami chest guard must also be worn.

(Elementary students between 3rd and 6th grade may wear a chest guard if necessary)

C. In the colored-belt division punching gloves must be worn. (fingerless gloves and cotton hand protectors are not permitted). Leg protectors and groin protectors must also be worn.

Head guards for the infant, elementary school, women's and master's classes will be supplied however all other protective gear should be brought by contestants. Please use leg and hand protectors that are foam on the inside and cloth on the outside.

D. Taping is allowed in all classes, however excessive taping is not allowed.

E. Wearing plastic pads under shin supporters is prohibited. Those who wear them in a bout will be disqualified.

F. Contestants in the World Karate Tournament must have bare hands and feet, and must wear a groin pad.

7th All-Japan Junior Karate Championship
 International F.S.A Kenshinkan World Karate Tournament 2010
 7th All Japan CHAOS Safe Karate Tournament Tournament Entry Form

フリガナ 氏名 name		生年月日 date of birth	年 月 日 year month day 歳 age
住所 電話番号 address, phone number	〒 - () -		
所属団体名・支部名 dojo name branch name		所属団体 責任者名 guarantor	印 signature
級・段 kyu/dan		修業年数 experience	
身長 height		体重 weight	
出場クラス番号 entry category number		帯の色 color of belt	
過去の戦歴 history of karate tournament(s)			

私儀、上記の通り相違がなく、また本大会のルールに従い正々堂々と競技することをここに誓います。万一試合中の事故、ケガがあった時、主催者側及び誰にも責任の所在を問うものでない事を誓約致します。

I swear that the above information is true and correct and agree to abide by the rules of the competition. I further declare that I will not hold the organizers or any other party responsible for any accident or injury that may be incurred during competition.

氏名(signature) _____ 印 日付(date) _____

国際 FSA 拳真館空手道連盟御中 International FSA Kenshinkan Karate Organization